

WHAT WE DO?

Wreetu is a platform that offers comprehensive menstrual education, sustainable menstrual products and gynecological services.

Happy Period, Healthy Life!

WHO WE ARE?

We are a group of likeminded people who want to normalize PERIOD, remove shame, taboos, and harmful practices that exist in our society.

fealthy periods are rights not privileges.

OUR VISION

Our vision is to ensure 20 million girls and women are leading a better, healthier and happier life by 2030.

OUR PRODUCTS

Wreetu Comic Book

An illustrated storybased book in friendly language on puberty, menstruation and growing up.



Wreetu Reusable Sanitary Napkin

Healthy, ecofriendly and biodegradable sanitary napkin that can be used up to 12 period cycles.







OUR SERVICES

Joruri Gyne Sheba (Emergency Gynecological Service)

We provide
Telemedicine Service
through our expert
Gynecology doctors on
gynecological issues.



Period Yoga Session

Yoga sessions with certified and experienced yoga instructors. Personalized yoga positions and moves depending on flexibility level to reduce period cramps, relief from back pain, leg pain and general body aches.

To register for our next session, call/SMS at +8801622968900



Talk to our health professionals and get expert advice for your gynecological concerns.

Connect with Us!

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